

# Youth Sports



## Gymnastics

Ages: 6—10 (Grades K—5)

Time: 8am—11:30am

Dates: June 23rd thru June 27th

Activity # 614-13

Cost: \$110

Clinic Size Min. 8 / Max. 20

Location: Ct. VT Gymnastics Academy,  
80 Commercial Drive, Waterbury



Flips, twists, turns & spins! Boys & girls of all levels will learn basic gymnastic skills & a natural progression of moves based on each participant's ability. Campers will work out moves on the floor, balance beam, vault & bar.

## Soccer Camp, *VT Voltage*

Ages: 5—18

Time: 9am—12pm

Dates: Session I - June 30—July 4

Activity # 614-18

Session II - Aug. 11—Aug. 15

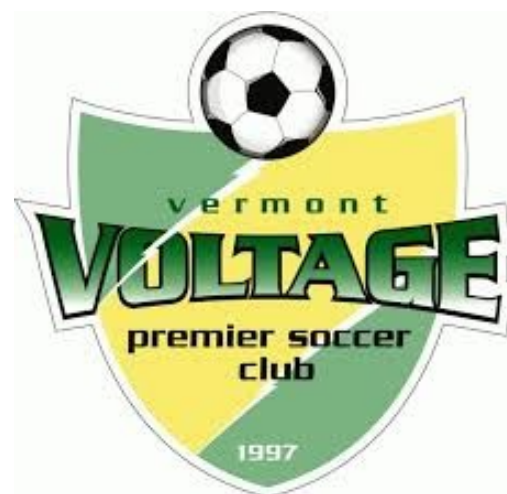
Activity # 814-8

Cost: \$125

Clinic Size Min. 10 / Max. 100

Location: Dac Rowe Park, Waterbury

The fundamentals of soccer, demonstrated by the pros! Learn about accuracy, power of shooting, dribbling moves, receiving/preparation, passing speed, agility, scoring, footwork, juggling, ball control and goal-keeping.



# Youth Sports



## Soccer Camp, *Capital Soccer*

- Ages: 6—15  
Time: 9am—12pm  
Dates: July 28th thru August 1st **Activity # 714-29**  
Cost: \$160  
Clinic Size: Min. 10 / Max. 100  
Location: Crossett Brook Middle School,  
VT Rt. 100, Waterbury

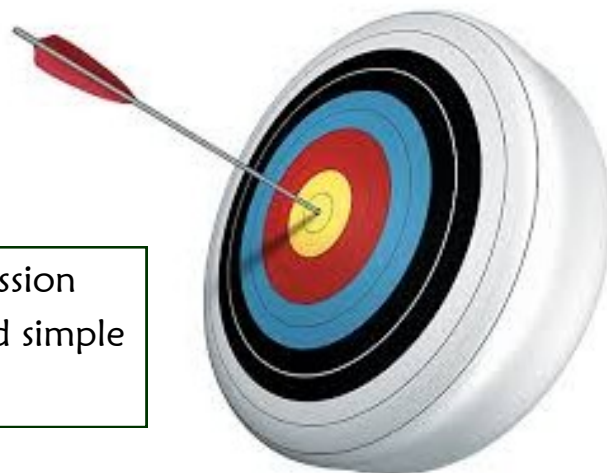
An experienced staff of coaches offers high-level training in a fun, learning-centered environment. The camp's 9:1 player-coach ratio ensures plenty of individualized attention for every camper. Tuition includes instruction, T-shirt & a soccer ball.



## Archery

- Ages: 6—15  
Time: 12pm—3pm  
Dates: Saturday, August 2nd **Activity # 814-1**  
Saturday, September 13th **Activity # 914-2**  
Cost: \$15  
Clinic Size: Min. 8 / Max. 20  
Location: Hope Davey Park

A great introduction to target archery. The session will include instruction in both compound and simple bows. Parent/Guardian on-site required.



# Baseball

# Youth Sports



## Clyde Whittemore Little League

Ages: Boys & Girls, 4—12  
Dates: March—October  
Location: Hope Davey Park, Waterbury

Clyde Whittemore Little League has offered instructional and competitive teams for boys & girls in Waterbury & Duxbury since 1967. Players learn the fundamentals of throwing, catching, fielding and hitting with age-appropriate coaching by trained volunteers. Emphasis is on instruction, skills, safety, teamwork and fun.

Spring/Indoor Season: March/April  
Regular Season: May/June  
All Star Season: June/July (involves tryouts)  
Fall Sandlot Season: September/October

Instructional: MyTEE Ball (first time players ages 4-5): \$25pp  
Instructional: Tee Ball (players ages 5-6): \$40pp  
Instructional: Farm League (players ages 6-8): \$40pp  
Competitive: Minor League (players ages 9-10): \$50pp  
Competitive: Major League (players ages 11-12): \$50pp  
Family discounts are available, as well as financial assistance.

Visit [ClydeWhittemore.org](http://ClydeWhittemore.org)  
for registration



# Baseball

## Cal Ripken & Babe Ruth League

Ages: Boys & Girls, 7—15  
Time: varies  
Dates: TBA  
Cost: \$TBA  
Location: Anderson Fields, Waterbury

Visit [BabeRuthOnline.com](http://BabeRuthOnline.com)  
for registration

The Babe Ruth Baseball program, using regulation competitive baseball rules, teaches skills, mental and physical development, a respect for the rules of the game, and basic ideals of sportsmanship and fair play.



# Softball

# Youth Sports

## Cal Ripken & Babe Ruth League

Ages: 16 and under  
Time: Varies  
Dates: TBA  
Cost: \$TBA  
Location: Anderson Fields

Visit [BabeRuthOnline.com](http://BabeRuthOnline.com)  
for registration



For girls ages 16 and under that want to play competitive softball throughout Washington and Chittenden counties. Multiple games, practices and tournaments available for this age group!



# Softball

## Clyde Whittemore Little League

Ages: Girls 8—15  
Time: Varies  
Location: Dac Rowe Park, Waterbury

Visit [ClydeWhittemore.org](http://ClydeWhittemore.org)  
for registration

Clyde Whittemore Little League's softball program is for girls in Waterbury & Duxbury. Players learn the fundamentals of throwing, catching, fielding and hitting with age-appropriate coaching by trained volunteers. Emphasis is on instruction, skills, safety, teamwork and fun.

Spring/Indoor Season: March/April  
Regular Season: May/June  
All Star Season: June/July (involves tryouts)  
Fall Sandlot Season: September/October

Minor League (players ages 8-10): \$50pp  
Major League (players ages 11-12): \$50pp  
Senior League (players ages 13-15): \$50pp  
Family discounts are available, as well as financial assistance.



# Youth Sports



## Karate & Art With Attitude

Ages: 7-12  
Time: 9am—12pm  
Dates: June 23—27th **Activity # 614-14**  
July 14th—July 18th **Activity # 714-14**  
August 11th—15th **Activity # 814-7**  
Cost: \$160  
Clinic Size: Min. 5 / Max. 10  
Location: Green Mountain Dojo,  
158 S. Main St., Waterbury



This clinic features beginner karate skills and a variety of art projects; origami, block printing, anime character creation, and Japanese crafts. Tuition includes all art materials.

## Kids Fishin'

Ages: 8—11 (Grades 3-6)  
Time: 9am—12pm  
Dates: July 7th thru July 11th **Activity # 714-5**  
Cost: \$135  
Clinic Size: Min. 8 / Max. 20  
Location: Dac Rowe Park & Waterbury Reservoir

**THE FLY ROD SHOP**

Get out on the water this summer & have fun fishing! Campers in the Kids Fishin' program will learn from the pros as they cast spin rods, tie fisherman's knots, bait their hooks & hopefully catch a few trout! We'll learn many aspects of angling including fish identification, using different types of lures & of course, investigating some local hot spots! All equipment and transportation provided. We invite the parents/guardians to join us at the end of the clinic as we go up to the Res.



# Rock Climbing Youth Sports



Ages: 5-12

Time: 9:30am—4pm

Dates: June 30—July 3rd

Activity # 614-29

Cost: \$305

Clinic Size Min. 5 / Max. 12

Location: Petra Cliffs, Burlington w/  
pickup and drop-off at the  
Waterbury Rec. Building.

Expert Petra Cliffs climbing guides instruct campers in the safe use of helmet, harness and belay line with an indoor day at the Petra Cliffs climbing gym, outdoor climbs on the Bolton cliffs, and a spelunking expedition through two caves; one dry, one wet! This will be the highlight of every camper's summer! Transportation provided.



## Sailing

Ages: 5-12

Time: 8:45am—12pm

Dates: July 7th thru July 11th

Cost: \$355

Location: Lake Champlain Comm. Sailing  
Center, transportation provided.



Activity # 714-13

Junior sailing adventure- 5-9yrs: Lake Champlain sailing adventures with the Lake Champlain Community Sailing Center's large stable keel boats some days is combined with small scale shallow water instruction with our tiny 10ft Sea Snark on other days. Transportation provided.

Level I Sailing Camp - 8-12yrs: Campers join certified instructors at the Lake Champlain Community Sailing Center to learn the basics of rigging, points of sail, safety and more. The variety of on-land and on-water instructional activities includes campers sailing their own boat! Transportation provided.

# Youth Sports



## Youth Yoga

Ages: 5—12  
Time: 11am—11:45am  
Dates: July 1st **Activity # 714-1**  
July 15th **Activity # 714-16**  
July 29th **Activity # 714-30**  
August 5th **Activity # 814-4**  
August 12th **Activity #814-9**

More information available at

[GabyGYoga.com](http://GabyGYoga.com)

Cost: \$5/child (free for Summer Day Campers)  
Clinic Size: Min. 10 / Max. 80  
Location: Anderson & Dac Rowe Parks

The kids will benefit from the peaceful stretches and relaxation techniques imparted from our qualified instructors while outside in our beautiful parks. Bring a mat or towel.



## Tennis

Ages: 5—12  
Time: 9am—12pm  
Dates: Saturday, July 19th or **Activity # 714-20**  
Saturday, August 23rd **Activity # 814-11**  
Cost: \$30  
Clinic Size: Min. 8 / Max. 25  
Location: Anderson Tennis Courts

A quick introductory clinic to help develop early tennis skills that include ground strokes (stationary & moving), serving (1/2 & full motion), volleys, over-heads, and basic vocabulary. Bring a racquet.



# Youth Sports



## Outdoor Adventure Skills

Ages: 9—12  
Time: 9am—12pm  
Dates: July 28th thru August 1st **Activity # 714-28**  
Cost: \$130  
Clinic Size: Min. 10 / Max. 20  
Location: Anderson & Dac Rowe Parks



Weather the wilderness all week long with experts from the Green Mountain Club! Learn skills needed to explore the back country woods of Vermont & handle expected & unexpected emergencies. Topics include basic first-aid, wilderness safety & preparedness, map & compass skills, Leave No Trace principals & much more. Campers will love getting outdoors & participating in challenging team activities on the trail. We'll build waterproof shelters, cook on a camp stove, learn distress & trail signals and create our own take-home survival kits!

This is what growing up in Vermont is like!



## Disc Golf 101

Ages: 10 & Up  
Time: 12pm—3pm  
Dates: Sunday, May 18th **Activity # 514-5**  
Sunday, July 27th **Activity # 714-25**  
Cost: \$15  
Clinic Size: Min. 8 / Max. 20  
Location: Hope Davey Park, Disc Golf Course

Get hooked on one of the fastest growing sports in America! We are fortunate to have a challenging and beautiful 18-Hole Disc Golf Course right here in our parks! Come learn the basics of driving and putting a disc. All equipment provided.



# 2014

## Spring/Summer Registration

View the catalog of activities online at [WaterburyVT.com](http://WaterburyVT.com)

Waterbury Recreation

51 South Main Street

Waterbury, Vt05676

(802) 244-7174

Fax (802)244-1014

[recreation@waterburyvt.com](mailto:recreation@waterburyvt.com)



Please print clearly and fill out a separate form for each participant. Registration is required for participation in most Recreation programs. See refund & cancellation policies on reverse. You may register for multiple programs now; If you register for additional programs in the future, you will need complete a new , supplemental form at that time. If you have any questions about registration, email or phone us for assistance.

<b>Child Registration (Under 18 years old)</b>		Child's Name (Last)		(First)			
Female <input type="radio"/> Male <input type="radio"/>		Birth Date:		Current Age:		Current Grade (K-6):	
Known Allergies:		<input type="radio"/>		I permit my child to have Tylenol at your discretion & other medications as listed.			
Medications & Instructions:		Individuals Allowed to Pick Up Child (see Day Camp Handbook)					
		Name		Relationship			
Primary Guardian:		Secondary Guardian:					
Phone (cell)		Phone (cell)					
Email:		Email:					
Mailing Address:		Mailing Address (if different from primary)					
<b>Emergency Contact (REQUIRED)</b>		List individuals to be contacted in case of emergency if guardians are unavailable.					
Name:		Name:					
Relationship to Child:		Relationship to Child:					
Phone (cell)		Phone (cell)					
<b>Adult Registration (18 years old &amp; over)</b>		Adult's Name (Last)		(First)			
Phone		Email:					
Mailing Address:							
Emergency Contact: (REQUIRED) Name:		Relationship:		Phone (cell)			

**Waiver Agreement/Informed Consent:** I am fully aware that there are risks of physical injury in participating in sports and recreational activities and hereby give consent for the named applicants to participate in programs offered by the Town of Waterbury. I hereby give consent for the named applicant to participate in programs offered by the Town of Waterbury. I hereby knowingly and fully hold harmless the Town of Waterbury, its employees, volunteers, instructors, coaches and subcontractors from any and all liability from injury claims and costs, loss of services, damages or loss of personal property for all programs and events. I certify that my child/participant is in excellent health and that there are no limitations to his or her participation except as stated in writing above. Furthermore, in the event of an emergency, accident, injury or illness, and if reasonable effort to contact me has failed, I hereby give the designated emergency contact permission to act as my child's temporary guardian. In addition, in the event of an emergency, accident, injury or illness, I hereby give attending physicians or authorized medical personnel consent and permission to provide my child with any necessary medical treatment including x-rays, immunizations and medications. I agree that Waterbury Recreation may use, reproduce, disclose, and distribute participant's name and/or likeness for the purposes of marketing and advertising. I acknowledge that I have read, fully understand and accept the above provisions and I recognize that Waterbury Recreation is relying on such acceptance in permitting participant to engage in activities. Further, I acknowledge that I have reviewed the 2014 Waterbury Recreation policy handbook, if registering a child for that program, available at the time of registration and always at [waterburyvt.com](http://waterburyvt.com). I agree to be included (but may opt out at any time) within the Waterbury Recreation's unshared email distribution list to receive program updates and announcements.

Signature \_\_\_\_\_

Printed Name \_\_\_\_\_

Date \_\_\_\_\_

(Print) Last Name \_\_\_\_\_

First Name \_\_\_\_\_

# 2014 Spring/Summer Sign-Up

A completed Spring/Summer **Registration Form** must accompany this sign-up. One registration & sign-up form is needed for EACH participant. You may use this form to register for multiple activities. Listed events may change at any time. All activities are contingent upon enrollment, weather and unforeseeable circumstances. If an activity is cancelled or sold out, all updates will be posted on WaterburyVT.com and registrants notified. Registration must be received no less than 7 days before the activity. Unless otherwise noted, no transportation is provided to and from these activities.



## One Sign-Up Form Per Person

## All Activities Are Non-Transferable

Activity #	Clinic Name	Cost	X	Activity #	Clinic Name	Cost	X
414-1	Women's Self Defense	\$0	<u>  FULL  </u>	714-9	Parent's Night Out	\$15	<u>      </u>
414-5	Resume & Personal Branding	\$0	<u>      </u>	714-12A	Brave Camp (AM)	\$155	<u>      </u>
514-2	Parent's Night Out	\$15	<u>      </u>	714-12P	Brave Camp (PM)	\$155	<u>      </u>
514-3	Juggling	\$0	<u>      </u>	714-13	Sailing	\$355	<u>      </u>
514-4	Women's Self Defense	\$0	<u>      </u>	714-14	Karate & Art With Attitude	\$150	<u>      </u>
514-5	Disc Golf 101	\$15	<u>      </u>	714-15A	Girls Hip Hop "No Boys Allowed"	\$155	<u>      </u>
614-5	Parent's Night Out	\$15	<u>      </u>	714-15P	Girls Hip Hop "No Boys Allowed"	\$155	<u>      </u>
614-9	Theater Arts Camp	\$150	<u>      </u>	714-16	Youth Yoga	\$5	<u>      </u>
614-10	Fairytale Ballerina Camp	\$155	<u>      </u>	PE714-17	Lifeguard Olympics	\$120	<u>      </u>
614-12	Hip Hop Rec Camp	\$155	<u>      </u>	PE714-19	Diving	\$40	<u>      </u>
614-13	Gymnastics Clinic	\$100	<u>      </u>	714-20	Tennis Clinic	\$30	<u>      </u>
614-14	Karate & Art With Attitude	\$150	<u>      </u>	714-21	Drawing Workshop Clinic	\$120	<u>      </u>
PE614-17	Junior Lifeguarding Clinic	\$100	<u>      </u>	714-25	Disc Golf 101	\$15	<u>      </u>
614-18	Soccer Clinic (T-Shirt Size? _____)	\$115	<u>      </u>	714-27A	Breakin' & Hip Hop for Boys	\$155	<u>      </u>
PM614-9	Pool Res. Individual Membership	\$65	<u>      </u>	714-27P	Breakin' & Hip Hop for Boys	\$155	<u>      </u>
PM614-20	Pool Res. Family Membership*	\$80	<u>      </u>	714-28	Outdoor Adventure Skills	\$120	<u>      </u>
PM614-21	Pool Non-Res. Individual Membership	\$110	<u>      </u>	714-29	Soccer Camp (T-Shirt Size? _____)	\$150	<u>      </u>
PM614-22	Pool Non-Res Family Membership*	\$135	<u>      </u>	714-30	Youth Yoga	\$5	<u>      </u>
PM614-23	Swim Lessons Member 1st Session*	\$0	<u>      </u> Qty. _____	814-1	Archery Clinic	\$15	<u>      </u>
PL614-24	Pool Member Swim Lessons**	\$25	<u>      </u> Qty. _____	814-2	Passport to Pastels Clinic	\$120	<u>      </u>
PL614-25	Pool Non-Member Res. Lessons**	\$45	<u>      </u> Qty. _____	814-3	Advanced Hip Hop Intensive	\$295	<u>      </u>
PL614-26	Pool Non-Member Non-Res. Lessons**	\$85	<u>      </u> Qty. _____	814-4	Youth Yoga	\$5	<u>      </u>
PL614-27	Pool Adult Swim Lessons**	\$30	<u>      </u>	814-5	Parent's Night Out	\$15	<u>      </u>
614-29	Rock Climbing	\$305	<u>      </u>	814-6	Lyrical Hip Hop Camp	\$295	<u>      </u>
614-30	Women's Self Defense	\$0	<u>      </u>	814-7	Karate & Art With Attitude	\$150	<u>      </u>
614-31	Feel Like a Star Hip Hop Dancer	\$165	<u>      </u>	814-8	Soccer Clinic (T-Shirt Size? _____)	\$115	<u>      </u>
714-1	Youth Yoga	\$5	<u>      </u>	814-9	Youth Yoga	\$5	<u>      </u>
714-4	Theater Arts Camp	\$150	<u>      </u>	PE814-10	Kayaking	\$100	<u>      </u>
714-5	Kid's Fishin' Clinic	\$125	<u>      </u>	814-11	Tennis Clinic	\$30	<u>      </u>
714-6	Kid's Singing	\$165	<u>      </u>	814-12	Princess Ballerina	\$165	<u>      </u>
				914-2	Archery Clinic	\$15	<u>      </u>
				914-3	Clay Time, Sculpting	\$TBD	<u>      </u>

Total Amount Due \$ \_\_\_\_\_

All forms must be returned to Waterbury Recreation, 51 South Main Street, VT 05676

\*Requires additional **Pool Membership** form \*\*Requires additional **Swim Lessons Registration**, at pool only on June 6th, 6pm or anytime after the pool opens.