

General Information

Contact Information

The **Waterbury Community Pool** is located at Anderson Field next to the Waterbury Recreation Building off Butler Street.

Pool Phone: (802)244-6340

Email: Pool@waterburyvt.com

Pool Director: Heather Cutler

The **Waterbury Municipal Office** is located at 28 North Main St. Suite 1, Waterbury VT. 05676

Municipal Office Hours: Mon-Fri, 8:00AM-4:30PM

Mailing Address: 28 North Main St, Waterbury VT 05676

Municipal Office Phone: (802) 244-7033

Fax: (802) 244-1014

Web: www.WaterburyVT.com

Pass Registration

Pass registrations are accepted through the mail and in person at the Waterbury Municipal Office during business hours or at the pool if paying by check only. Registration and payment is not accepted over the phone at any time. Membership forms are available for download on our website, waterburyvt.com.

For the purpose of our membership passes, families consist of parents and children who live in the same household year round.

Free Lessons with Season Membership Pass

All Season Membership Passes include one free session (non-transferable) of swim lessons per family member. Membership passes must be registered and paid for at the Town Office BEFORE members are eligible to sign up for free lessons.

Swim Lesson & Swim Team Registration

Sign-ups will be held at the Recreation Building on:

Friday, June 10th from 6:00-7:30PM

After this date, lessons must be purchased at the Town Office and then scheduled with the pool staff during pool hours after pool opening on June 20th or if paying buy check at the pool.

Payment

Cash or checks payable to Town of Waterbury. No credit/debit cards are accepted. Payment is required in full at time of registration, including registrations received by mail. Returned checks are subject to a \$20 administrative fee.

Group Rates

Special rates are available for groups of 10 or more when arranged with the pool director at least one week in advance. Groups must maintain a minimum 10:1 child/chaperone ratio at all times. Call (802)244-6340 for details.

Lesson Cancellations

Our guards make every effort to hold lessons unless the weather is severe. Missed or cancelled lessons are not refunded or rescheduled. Announcements regarding pool closings and cancellations will be posted on voicemail at the pool. Programs may be cancelled if:

- Pool conditions or facilities are not suitable for use
- Inclement weather interferes with safe swimming
- Other extenuating circumstances or emergencies

If a program or lessons are cancelled by the pool, participants will not be notified individually. Please call if you suspect a cancellation. On some occasions guards may hold lessons indoors and focus on safety topics when weather is unfavorable.

Discipline

PARTICIPANTS REMOVED FROM ANY PROGRAM DUE TO DISCIPLINARY ISSUES ARE NOT ELIGIBLE FOR A REFUND, CREDIT OR PRORATION.

Thunderstorm Policy

On the first sign of a thunderstorm (hearing thunder or seeing lightning), lifeguards will blow their whistles one long blast. All people are to evacuate the pool area and move into the pool house or their vehicles immediately. Patrons will not be permitted into the pool area until the director has re-open the pool. The area is considered safe 30 minutes after the last sign of thunderstorm.

Floatation Devices & Pool Toys

Water-wings, life jackets and other flotation devices obstruct the view of life guards and are not permitted during general swim. Some sinking toys and beach balls are allowed when the pool isn't in heavy use. Always ask a lifeguard anytime you wish to use toys in the pool.

Private Lessons

Private lessons are available at additional cost. Please contact the pool director to inquire about private sessions.

Off Season

During the off season, voicemails at the pool are checked once weekly. For additional assistance, please email Pool@waterburyvt.com.



2016 Pool Information

Town of Waterbury

28 North Main Street Suite #1 • Waterbury, VT 05676

Tel. (802) 244-6340 • Fax. (802)244-1014

General Information

Pool Opens: Monday, June 20th

Pool Closes: Saturday, August 13th

Closed Monday, July 4th!

Swim Lesson & Swim Team Sign-up:

Friday, June 10th from 6:00-7:30PM

POOL HOURS

General Swim

Mon-Wed	1:00-5:00PM	6:30-8:00PM
Thurs	1:00-4:30PM	
Fri	1:00-5:00PM	6:30-8:00PM
Sat-Sun	12:30-5:30PM	

Adult Lap Swim

Mon-Tues	9:30-1:00PM	5:00-6:30PM
Wed		5:00-6:30PM
Thurs	9:30-1:00PM	
Fri	9:30-1:00PM	5:00-6:30PM

One lane is open for adult lap swim at all times during general swim hours.

2016 Pool Membership & Pass Rates

RESIDENT

DAY PASS

Single Day Pass:	\$5
Family Day Pass:	\$10

SEASON MEMBERSHIP PASS

Single Season Pass:	\$65
Family Season Pass:	\$80

NON-RESIDENT

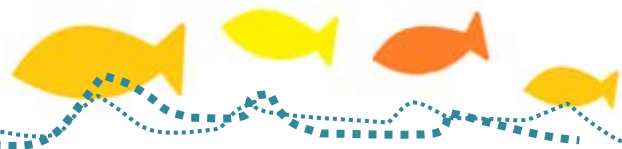
DAY PASS

Single Day Pass:	\$5
Family Day Pass:	\$10

SEASON MEMBERSHIP PASS

Single Season Pass:	\$110
Family Season Pass:	\$135

All Season Memberships include one free session of swim lessons (non-transferable) per family member and discounts on additional lessons. **For the purpose of our membership passes, families consist of parents and children who live in the same household year round.** Membership passes must be registered and paid for BEFORE members are eligible to sign up for free lessons.



COMMUNITY EVENTS AT THE POOL

Noodle Water Polo

Date: Tuesday June 21 and/or Friday June 24
Time: 6:30 to 7:30

Admission \$5 per person plus
Membership or daily fee

Let's have some fun in the pool meeting new people and learning a new sport. Sign up forms are available on our website, waterburyvt.com. Once you are registered you will be placed on a team. Rules will be explained and then fun will begin. We are hoping to make this a regular event so come on out and give it a try.

Noodle Deep Water Aerobics

Date: Every Monday and Wednesday
while the pool is open
Time: 9:30 to 10:10

Admission \$5 per person or 15
punch card for \$65 (that's 2 free
classes) plus Membership or daily
fee

Want to try a different way to exercise. This is a great way to add variety to your routine and take some of the impact off. The noodles will keep you floating and moving while the music will motivate you.

Stay tuned...

Lifeguard Course offered at the Waterbury Pool this summer!

Want to become certified to be a lifeguard? This course teaches basic water rescue skills, injury prevention and facility safety, patron surveillance, and victim assessment, as well as CPR and First aid. Completion of the course results in a 2 year lifeguard certification and a 2 year CPR and First Aid certification. Stay tuned for more details.

WATERBURY RAPIDS Swim Team

Waterbury Rapids is a parent-run summer swim team that emphasizes fun and improvement. All ages and abilities are welcome! Practices are held from 5:00-6:15PM Mon.-Fri and most swim meets are held on Thursday evenings at the Waterbury Pool. For more information, visit the Waterbury Rapids online at www.waterburyrapids.com

To become a Rapid...

- ✓ You must be able to swim one full length of the pool (25yards).
- ✓ You must be a member of the Waterbury Pool with a valid season pass.

Cost: \$50 per swimmer or \$85 per family (two or more swimmers)

Pool Rules

1. Children under 6 must be accompanied by an adult at all times.
2. Water wings and other flotation devices are not permitted.
3. Children under 15 must pass the Deep Water Test before swimming in the deep end, unless accompanied by an adult 18+. (1 to 1 adult/child ratio REQUIRED)
4. Enter the shallow end near the filters and the deep end near the railings only.
5. Dive off diving boards, do not dive off the edge of the pool.
6. One person allowed on the diving board at a time. Dive from the end of the board only.
7. Do not swim over or under ropes, except when leaving the diving area.
8. Do not distract the life guards
9. Keep food and drinks in the eating area.
10. NO ALCOHOL OR TOBACCO ON RECREATION GROUNDS.
11. NO FIGHTING. Minimum penalty is immediate one-week suspension.

These rules keep everyone safe! Please respect them and our guards so we can all have fun swimming at the pool! Lack of consideration for pool staff or rules will result in immediate dismissal from pool area.

The Deep Water Test

Days: Mon, Wed, Fri
Time: 2:45PM

- Swim on your front across the length of the deep end (25yds).
- Rest (Maximum 5-10 sec.)
- Swim on your front ½ way back (10-12yds).
- Roll over and on your Back swim the rest of the way (10-12yds).
- Tread water for one minute.
- Jump into the deep end with head going fully underwater.

Criteria: Guards watch for a mostly horizontal body positioning, face in the water, a linear path, ease of movement and comfort in deep water. Final pass/no-pass decision is based on lifeguard discretion. If a guard feels that a child is too tired or weak after completing any step of the test, the child may be asked to remain in the shallow end and encouraged to try the test again in one week.

Swim Lessons

Registration: June 10th, 6-7:30PM at the Waterbury Pool Building at Anderson Field.

Give your child a smart start with swim lessons at the Waterbury Pool! Learning to swim is an extremely important part of every child's development. It's an investment that offers basic-survival skills, life-long confidence in and around the water and a great social experience! Our guards are Red-Cross Certified and have been trained to teach age-appropriate techniques for instructing swimmers of all ages. PLUS- their fun and encouraging attitudes will have your child excited to learn!

Be smart, be prepared, learn to swim!

SEASON PASS MEMBER

First Session: FREE!
Member Rate: \$25

NON-MEMBER

Resident Rate: \$45
Non-Resident Rate: \$85

	SESSION 1 June 20 - July 1	SESSION 2 July 5 - July 15	SESSION 3 July 18- July 29	SESSION 4 Aug. 1- Aug. 12
10:15AM	Level 1, 2, 3, 5/6	Level 1, 2, 3, 4	Level 1, 2, 3, 4	Level 1, 2, 3, 4
10:55AM	Level 1, 2, 3, 4	Level Pre K, 1, 2, 5/6	Level Pre K, 1, 3, 4	Level 2, 3, 4, 5/6
11:35AM	Level Pre K, 1, 3, 4	Aqua tots, 1, 2, 3	Aqua tots, 2, 3, 5/6	Level Pre K, 1, 2, 3
5:15PM	Level 2	Level 3	Aqua tots	Level 4
5:45PM	Level 2	Level 1	3	5/6

Parent/Child: Ages 1-3 Aqua Tots

This beginner class helps familiarize young children in and around the water. We teach parents the techniques needed to help orient kids in the water using fun games and toys. The goal is to introduce young swimmers and parents to safety in and around the pool. Parent participation is required.

Ages 3-5 Pre-K

In this level we get the young child comfortable in the water without parent support. They learn water safety, rudimentary aquatic skills and a positive and safe attitude around the pool.

Ages 6+ Level 1

This is to orient participants to the aquatic environment and gain basic aquatic skills. Also develop positive attitudes and practices around water.

Age 6+
Level 2
Furthering skills from level 1

Ages 6+ Level 3

This is the last level in really developing competency in a pool environment. The participant will continue to improve their skills from level 1 and 2, as well as getting ready for level 4.

Ages 7+ Level 4

This is where Stroke Improvement is really focused on. We teach skills such as treading water, rotary breathing, front crawl, side stroke, elementary backstroke, jumping into deep water and diving from kneeling and standing positions.

Ages 7+ Level 5

We are now refining the strokes and improving breathing techniques. They are learning new skills such as back crawl, breaststroke, butterfly, front and back open turns, and feet first surface dives. We also practice safety skills like reaching and throwing assists.

Ages 8+ Level 6

When children reach level 5/6, we focus on refining their strokes and perfecting front and back flip turns. New skills include pike and tuck surface dives and several aspects of water safety such as HELP and huddle positions, survival swimming and the importance of CPR and First Aid.